

Kayruv



קירוב

“Judaism for Today In a Warm and Caring Environment”

April 2017

Nisan/Iyar 5777

FROM THE RABBI



Dear Friends,

Passover, as we all know, is quite near. Those who clean the house of chametz know that this can get way out of hand – after all, there are those who believe that cleaning for Passover is what is commonly called

Spring cleaning. That is not so.

We are cleaning the house only of chametz, defined as food from one of five types of grain (oats, rye, spelt, wheat and barley) that has been

combined with water and left to stand raw for longer than eighteen minutes, or any unsupervised product of those five grains.

The rabbis in the Mishnah (written down around 200 CE) are already worried about our tendency to go nuclear on Passover, and say:

“At ‘light’ on the fourteenth (of Nissan) chametz is searched for by the light of a candle. Any place where chametz is not brought does not require searching.¹”

That is the very first *mishnah*, and the second sentence refers to Passover. The next Mishnah is even more direct against this tendency of endless worry:

“We do not fear that a weasel might have carried (chametz) from house to house and from place to place. For if so — from courtyard to courtyard and from city to city — there is no end to the thing!²”

Of course every year we hear of people going above and beyond with Passover in one way or another: I recently heard of a “plan” to begin cleaning the house... by beginning cleaning over the blades of the fans. My knee-jerk reaction: I

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Kayruv means “Welcoming.”

¹ Mishnah Pesachim 1:1

² Mishnah Pesachim 1:2

don't eat on the blades of the fan, neither do my children!

And why do people go nuclear? Well, it has to do with how we see devotion and piety. It is really easy to measure piety and devotion this way: the more hours you clean, the more pious you are. However, the essence of Passover is much harder to measure. How do you measure historic consciousness? How do you measure altruism? How do you measure compassion? How do you measure transformation, rebirth?

The cleaning – and abstaining – of chametz for eight days is a symbol of something other: the abstaining from indulging in egotistical tendencies. Let me explain. A person's desire to do good is constantly thwarted by our *yetzer hara*, commonly called "evil inclination." Now in a poignant piece in the Talmud³, rabbi Alexandri would say, after his Standing Prayer (*Amidah*): "Lord of the Universe! It is well known to You that it is our desire to do Your will. But what prevents us? The yeast in the dough."

The expression: "The yeast in the dough" is a description for the evil impulse in human beings. The evil inclination is symbolized by the leavening process. Why?

Bread, in its most literal sense, is blown up *matza*: they are made from the same ingredients, plus waiting. It is only the speed that makes the difference between the two. If the dough – flour and water – is baked within 18 minutes you get *matza*. Otherwise, the process of leavening has begun, and you have bread on your hands: you let tiny pockets of air begin to form inside the dough. Let it sit – and it will rise.

Yeast makes that process quicker. Yeast facilitates the process of leavening and is, after all, what causes the dough to rise. In a literal sense that process is what causes bread to become bread.

All that ferments in the human heart – our dismissing of others; our seeking approval, praise, accolades; our disappointments; our anger – all that prevents us from becoming the best we can be just sits there, blowing up, and we act on it, many times without knowing. All those feelings have one common denominator: arrogance. We dismiss

others because we see ourselves as better than they are. We expect praise and approval because we need to feel "puffed up", better than others. Disappointments that stay with us, and the anger we feel are by-products of feeling we are owed – because we are better.

Chametz is the symbol of haughtiness, blowing one's self up beyond one's real self, believing that we alone carry the truth. Cleaning and abstaining from chametz is about cleaning our selves – our own hearts. We are searching for our *real* lives.

On Passover we remember that we were slaves. We remember that we were idol worshippers. We are once more reminded of our mission to become a light to the nations – but that can only start in the spirit of humility. Arrogance can never be the foundation of spirituality and moral integrity. It cannot inspire others, nor will it have a lasting effect.

The art of achieving *real* life is to be like a *matza* in a world of *chametz*.

Rabbi Lynn Gottlieb⁴ has written this poem to be recited after you have found your chametz, in your heart and in your house. Please use it if you find it useful.

*On the eve of the full moon
we search our houses
by the light of a candle
for the last trace of winter
for the last crumbs grown stale inside us
for the last darkness still in our hearts.
Washing our hands
we say a blessing
over water...*

*We light a candle
and search in the listening silence
search the high places
and the low places
inside you
search the attic and the basement
the crevices and crannies
the corners of unused rooms.*

*Look in your pockets
and the pockets of those around you
for the traces of Mitzrayim.*

³ Brachot 17a

⁴ <http://velveteenrabbi.blogspot.com/files/bedikatchametz.pdf>

*Some use a feather
some use a knife
to enter the hard places.*

*Some destroy Hametz with fire
others throw it to the wind
others toss it to the sea.*

*Look deep for the Hametz
which still gives you pleasure
and cast it to the burning.*

*When the looking is done
we say:
All that rises up bitter
All that rises up prideful
All that rises up in old ways no longer fruitful
All Hametz still in my possession
but unknown to me
which I have not seen
nor disposed of
may it find common grave
with the dust of the earth
amen amen
selah . . .*

RABBI'S OFFICE HOURS

Rabbi Altenburger invites you to meet with her and will be available any day except Wednesday and Shabbat. Please feel free to call or stop by.

WE ARE HERE FOR YOU!

If you or anyone you know is ill or in need of support, please call our **Bikur Cholim** (Caring) **Committee** at 203-792-6161.

HELP ?

YOU MAY NOT NEED US BUT FAMILY &
FRIENDS MAY

**JEWISH FAMILY SERVICES OF GTR
DANBURY/PUTNAM**
PERSONAL & CONFIDENTIAL, NO-FEE
RESOURCE SERVICE

Here is just one of the many categories we can
help you with:

Senior issues for you and your aging relatives

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- Senior Housing and Long Term
- Care options
- Medical-related and mental
- health matters
- Caregiver support

**We have the answers...all you need do is
ask**

**JEWISH FAMILY SERVICES OF GTR
DANBURY/PUTNAM**

141 Deer Hill Ave., Danbury, CT 06818
(203) 794-1818

jfsdanbury@gmail.com



TO LIFE

FROM THE PRESIDENT



Dear Friends,

Our Purim Popcorn, Party, and Play was a tremendous success! Our Purim *spielers* become wittier and more talented with every passing year, and we had an absolutely rollicking megillah reading. Thanks to Rabbi

Altenburger, the Hebrew school, and everyone who helped pull off such a wonderful evening!

Looking ahead a month, we've got another opportunity to spread joy and good cheer, but this time to the surrounding community with our Touch A Truck fundraiser at Danbury High School on Sunday, May 7 from 10:00 am to 3:00 P.M. Not only is it a fun way to raise funds for B'nai Israel as well as awareness and publicity for our hardworking police, emergency medical, and fire personnel, along with local businesses involved in hauling, construction and tree-trimming, but kids absolutely go bananas over it. I've still got photos on my phone from last year's Touch A Truck of my daughter leaning on the horn of a big rig with quite a *Smokey and the Bandit* gleam in her eye. Please grab some flyers and help us get the word out to the community, and let Isabel Kaplan know that you can volunteer for an hour or two on May 7.

Speaking of the broader community, I was absolutely transfixed by the speakers at "A Painful Hope at the Heart of Lasting Peace," a talk given by two peace activists about a Palestinian-Israeli grassroots initiative that fosters dialogue, understanding and nonviolence in the West Bank, and I was delighted that so many folks attended not only from CBI, but from far and wide as well. The evening was arranged and supported by us, Temple Sholom of New Milford, United Jewish Communities of Danbury, the Unitarian Universalist Congregation of Danbury, Christ Church Parish, St. John's Episcopal Church of New Milford, First Congregational Church of New Milford, and the Danbury Masjid. The speakers, Rabbi Hanan Schlesinger (an Israeli settler), and Antwan Saca (a Palestinian Christian), shared absolutely riveting stories of how they learned to hear other truths beyond their own personal truths, and learned to listen to the lived experiences of the long-demonized Other without judgement or fear.

They did not bring political solutions (although their "political vision" is most intriguing), but rather the hope for a new path forward for both peoples with mutual respect, dignity, and compassion. "From the place where we are right / flowers will never grow / in the Spring," Yehuda Amichai wrote, and Rabbi Schlesinger's and Mr. Saca's profound transformation and growth can inspire us to focus less on our own certainties and convictions, and open ourselves to the human beings with whom we share our world. Learn more about the Roots grassroots initiative at friendsofroots.net, and thanks to Rabbi Altenburger, Rabbi Rosenberg, and everyone else who organized the event! (Pictures on next page.)

One more item, before I go back to studiously and diligently procrastinating from Passover preparations, and that is that this is the time of year, as we approach the end of our fiscal year in June, when funds always get a bit tight at CBI. If you haven't had an opportunity to pay your dues or Kol Nidre pledge in full, now would be a very welcome time to do so. If there's any excuse you can come up with for making a donation (I always like to give before Passover to acknowledge Rabbi Altenburger's and Cheryl Vanak's aid in selling my chametz), it would be greatly appreciated. Our warmth and generosity as a community is what makes us special—let's keep up the good work! Have a *zissen Pesach* (sweet and joyful Passover)!

Together with joy, growth, and gratitude,
Kenniss Koldewyn

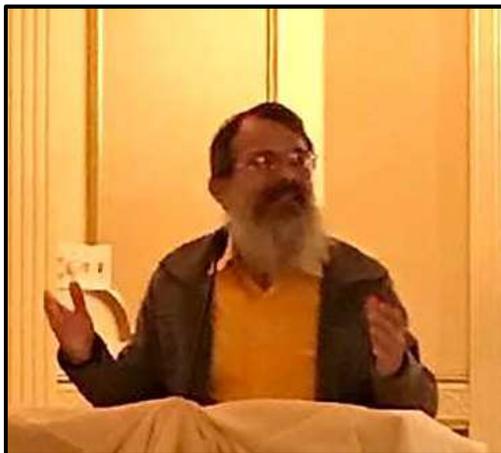
**A Painful Hope
at the Heart of Lasting Peace:
Fostering a grassroots movement of
understanding, nonviolence and
transformation among Israelis and
Palestinians.**



Rabbi Ari Rosenberg of Temple Shalom, New Milford welcomes those in attendance and introduces the evening's speakers.



Antwan Saca addresses the attendees..



Rabbi Hanan Schlesinger, of Roots, addresses the assembled audience.



Rabbi Altenburger discusses some of the issues raised during the session with an attendee.

PASSOVER SCHEDULE



Sunday, April 9th, 2017

From 7:57 PM to next day – search for *chametz*

Monday, April 10th, 2017

6:22 AM – Fast of the firstborn begins

10:42 AM – eat no more *chametz*, eating *matza* is not permitted either.

11:49 AM – sell and burn *chametz*

7:11 PM – candle lighting for the First Day of Passover [remember to set aside another flame in a long lasting candle such as a *yahrtzeit* candle to transfer the fire to the candles of the second day]; Passover *seder* begins.

Tuesday, April 11^h, 2017 (First Day of Passover)

Services begin at 9:30 A.M.

8:13 PM – Candle lighting for the Second Day of Passover [The two *Yom Tov* candles are kindled with a pre-existing flame, meaning a flame that was already in existence by having been lit before the holiday begun; that is, one can use the flame of a 26-hour *yahrtzeit* candle]. Second *seder* begins.

Wednesday, April 12th, 2017 (Second Day of Passover)

Services begin at 9:30 A.M.

8:14 PM – end of Second Day

Sunday, April 16th, 2017 (Sixth Day of Passover)

7:18 PM – candle lighting for the Seventh Day of Passover [remember to set aside a *yahrtzeit* candle for the purpose of lightening the next day's candles]

Monday, April 17th, 2017 (Seventh Day of Passover)

Services begin at 9:30 A.M.

8:20 PM – candle lighting for the Seventh Day of Passover [The two *Yom Tov* candles are kindled with a pre-existing flame, meaning a flame that was already in existence by having been lit before the holiday begun; that is, one can use the flame of a 26-hour *yahrtzeit* candle.]

Tuesday, April 18th, 2017 (Last Day of Passover)

Services begin at 9:30 A.M. *Yizkor* around 11:00 A.M.

8:21 PM – end of the holiday. Happy *chametz*!

SALE OF CHAMETZ

Note: If possible, all chametz – food not acceptable during Pesach (Passover), or materials containing such unacceptable food – should be destroyed or given away before the holiday begins. Should this be impossible, the chametz may be stored in such a way that we are sure not to use it during the holiday and its actual ownership is transferred to a non-Jew until the holiday ends. Please complete the form below and return no later than April 7, 2017.

KNOW ALL PEOPLE BY THESE PRESENTS: That I/we, the undersigned do hereby make and appoint Rabbi Nelly Altenburger my/our true and lawful representative to act in my/our place and stead, for me/us and in my/our name and in my/our behalf, to sell all *chametz* owned and possessed by me/us, knowingly or unknowingly, as stated in the Torah and defined by the sages of Israel (*chametz*; *hashash chametz* - suspect *chametz*; all kinds of *ta'aromet chametz* – *chametz* mixtures and others); also, *chametz* that tends to harden and to adhere to the surface of pans, pots, or other cooking or eating utensils, of whatsoever nature, and to lease all places wherein the aforementioned *chametz* owned or possessed by me/us may be found, especially in the premises located at (write address/es on lines below)

Rabbi Nelly Altenburger has the full authority and power to sell said *chametz* and to lease said place or places where said *chametz* may be found, upon terms and conditions as discretion dictates. Rabbi Nelly Altenburger has the full power and authority to assign or appoint a substitute or substitutes to act in my/our behalf with all the same powers and authority that I/we have invested in the rabbi, and I/we do hereby ratify and confirm all that Rabbi Nelly Altenburger or a rabbinic substitute lawfully does or causes to be done by virtue of these presents.

And to this I/we hereby affix my/our signatures on this _____ day of _____, in the year _____.

Name(s)

Address

SAVE THE DATE FOR CBI'S ANNUAL TOUCH A TRUCK EVENT!

This is a major fundraising event for us. Please spread the word. Pick up flyers and bring them to places you go and let Isabel know how you can help.

DANBURY'S LARGEST TOUCH A TRUCK EVENT RETURNS!

Sunday, May 7
10 am to 3 pm
RAIN OR SHINE

Touch, climb and discover trucks and other vehicles of distinction

Toddler Riding Zone!
Food and Drinks!
RAFFLE!
Face-painting and more!

Danbury High School Parking Lot

HORN-FREE
from 10 am to noon
For Children with Special Needs and Sensitive Ears

\$6 for one child
\$10 for two children
\$15 for 3 or more
Children under 2 FREE

Brought to you by
Congregation B'nai Israel
203-792-6161

MAZON'S FIFTH QUESTION

(Read this after the seder's Four Questions)

Each year at the Seder, we ask the traditional four questions. And each year, MAZON: A Jewish Response to Hunger asks a Fifth Question to raise awareness about a particular hunger-related issue and spark important conversations around the seder table. This year, we turn our attention to the Supplemental Nutrition Assistance Program (SNAP), which faces proposals for devastating changes and cuts that would increase the problem of hunger.

Charities and houses of worship provide important temporary assistance for emergency situations, but they simply do not have the capacity or resources to feed the overwhelming number of people in need.

Federal food and nutrition assistance programs serve as our nation's frontline defense against food insecurity. SNAP is the nation's most important and effective anti-hunger program, targeting assistance according to need and helping millions of Americans to purchase adequate food for an active, healthy, and productive life.

On this night (and all other nights going forward), let us ask our elected officials to do better and commit to supporting policies that work to end the problem of hunger, not make it worse.

[All read The Fifth Question together.]

THE FIFTH QUESTION

Why is this night different from all other nights?
On all other nights we ask, "How can I help feed the hungry?"
Tonight we ask, "How can we protect the precious safety net that supports those who are hungry?"

YOU CAN HELP PROTECT SNAP

Visit mazon.org/SNAP to sign a petition asking Speaker of the House Paul Ryan (R-WI) to protect, not eviscerate, SNAP.

House Speaker Paul Ryan (R-WI) has previously introduced dangerous proposals to change the structure of SNAP that will eviscerate the program and its funding. Now there is a real threat that his plan will advance, causing millions to suffer.

SNAP is the nation's most important anti-hunger program and a major pillar of the nation's safety net. It protects against hunger and lifts millions of people out of poverty.

Please join MAZON in urging Speaker Ryan to protect the SNAP program and the millions of Americans who cannot feed their families without it.

MAZON | A Jewish Response To Hunger | 10850 Wilshire Blvd Suite 400, Los Angeles, CA 90024 | (800) 813-0557 | mazon.org

DONATIONS

FOR OUR LOCAL FOOD PANTRIES!

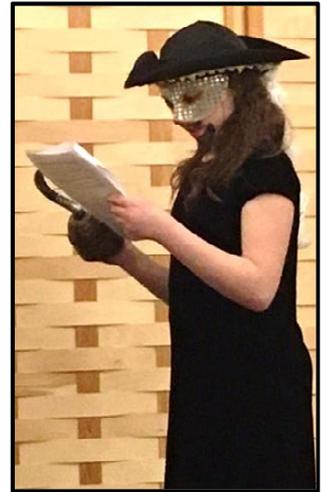
This is CBI's ongoing project to help our local food pantries. Items most in need are dried/canned beans, canned fish, peanut butter, jelly, fruit juice, sugar, flour, personal care items such as soap and shampoo.

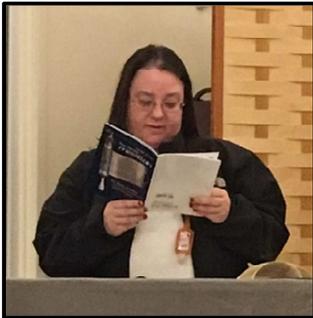
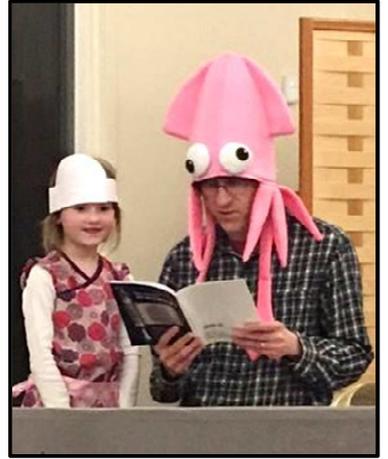
CBI is a generous and caring community and as always, we thank you for your donations and support as they are truly appreciated.

GOOD TIMES WE SHARED

CBI's Purim Party!

Once again CBI's Purim Party and *Megillah* reading was a huge success as was the Purim Spiel presented by our Hebrew School students.





Pictures courtesy of Nadja Raver

CBI'S RELIGIOUS SCHOOL

So who is the most unlikely suspect to have been substituting in CBI's Hebrew School a few weeks ago? Due to circumstances beyond their control, both Grace Rudick and Jack Mandell, the Rabbi's excellent teacher assistants, were both unavailable that day. So when the Rabbi made a plea at the previous night's board meeting for anyone (any live body I think she said) to help the next day, I cautiously volunteered.

Yes, I have teaching experience and am probably smarter than a fifth grader, though I am constantly being told by my precocious five year old granddaughters that I need to go back to kindergarten because I cannot name all the three-dimensional shapes in 10 seconds or I forget what the silent "e" does!

So, with some trepidation and some excitement, I figured it was time to see what is currently going on in the Hebrew School that my kids were students in in the late 80's. I had attended a large conservative synagogue Hebrew school in the 60's and had quit in the 5th grade because my teacher left to get married. With these credentials, and as Education chairperson at CBI, I showed up for my one-day stint as teacher's aide in our one-room schoolhouse.

Wow, was I impressed! Rabbi Altenburger has some great education going on here. The session began with a few fast-paced games, all in Hebrew. (She lost me right away, although I did recognize the melody of Heads, Shoulders, Knees and Toes.) Then on to Musical Chairs with a twist. Each student who got out had to provide the vocals and instructions for the next round. To my surprise, everyone did it! Vocabulary knowledge was growing during all of these games. Following the Rabbi's commands to get a Passover or a *Chanukah* plate, pick it up, the kids either jumped, hopped or skipped backwards to return. Up to this point I realized I had been no help at all!

But now it was time for the rubber to meet the road. Four students were chosen for me to take into another room to read to me. Was I supposed to know how to correct their errors? It didn't turn out that way. I can follow the Shabbat morning services, because of obligatory attendance at Saturday services in the years prior to my girls' *Bat Mitzvahs* and a distant memory of Hillel *Shabbatons* in College, but things have changed. I mean what happened to the little "T" vowel saying "aw" or the final "s" sound at the end of a word has been transformed into a final "t" sound? Curious! Anyway, we muddled through with the students correcting me and reading (excuse me, now it is decoding) extremely well. Thirty minutes passed very quickly, thank God!

Now, back together, Rabbi Altenburger combined ritual, art, penmanship, Jewish history and captivated the students in a project of identifying things on the Seder plate and talking about family memories of Passover celebrations (yes, even 8 year-olds have memories!). I learned how the items on the Seder plate are actually in specific places as the class proceeded to draw, write and color their activity sheets (used to be "rexos", remember that purple ink?) They worked independently, but it was easy to see this was a cohesive class of 10 who enjoyed each others' company.

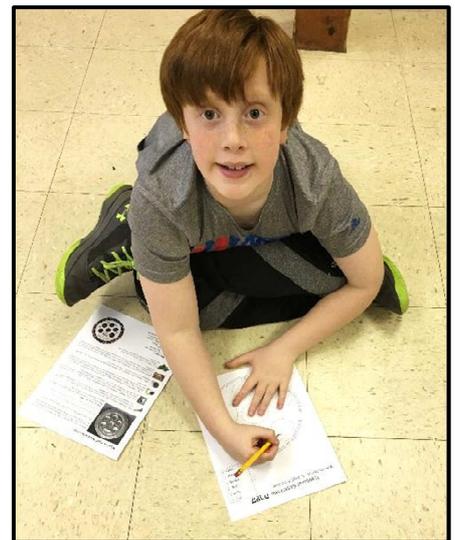
Any parent or teacher can tell you that having a one-room schoolhouse of students from age 7-13 (a huge age difference in ability, emotional development and concentration) is a major challenge. In our CBI Hebrew School, each child brings to the mix. It certainly is through the curriculum and philosophy of our Hebrew School that Rabbi Altenburger manages to bring out the best from each child.

By the way there was no technology in the lessons I observed on that day, a welcome break for most of these kids who must hold an electronic device in their hands or stare at one for many hours a day. It was thinking, moving and some imagination that was at the forefront here.

I thoroughly enjoyed my time in Hebrew School and maybe I will volunteer again even though I felt anxious and out of my comfort zone at times. After all, it is Hebrew School!

Barbara Levitt

See pictures next page



Pictures courtesy of Barbara Levitt

SCHEDULE OF SHABBAT SERVICES

☆ **Shabbat, 12 Nisan, April 8, Tsav:** The sons of Aaron prepare for the dedication of the sanctuary. *Haftarah:* Mal. 3:4-24, 23

See Pesach Schedule on Page on page 6

☆ **Shabbat, 26 Nisan, April 22, Shemini:** The dedication of the sanctuary and the death of Aaron's sons. *Haftarah:* 2 Sam. 6:1-7:17

☆ **Shabbat, 3 Iyar, April 29, Tazria-Metzora:** The laws and boundaries regarding ritual purity of the human body. *Haftarah:* II Kings 7:3-20

☆ **Shabbat, 10 Iyar, May 6, Aharey-Kedoshim:** The establishment of the annual atonement ritual for the People of Israel (*Yom Kippur*) and the ethical laws that govern Jewish society in the Holiness Code. *Haftarah:* Amos 9:7-15

☆ **Shabbat, 17 Iyar, May 13, Emor:** We read of the holiness among the priestly class followed by description of holiness in time: The Jewish Holy Days. *Haftarah:* Ezekiel 44:15-31

CANDLE LIGHTING

April 7, 2017:	7:08 PM
April 10, 2017: <i>Pesach</i>	7:11 PM
April 11, 2017: <i>Pesach</i>	8:13 PM
April 14, 2017:	7:15 PM
April 16, 2017: <i>Pesach</i>	7:18 PM
April 17, 2017: <i>Pesach</i>	8:20 PM
April 21, 2017:	7:23 PM
April 28, 2017:	7:30 PM
May 5, 2017:	7:38 PM
May 12, 2017:	7:45 PM

YAHARZEITS

17 Nisan, April 13, 2017

Larry Shenker (Martin Shenker)

William Hirsch (Peter Hirsch)

Elias Haller (Phyllis Cooper)

20 Nisan, April 16, 2017

Jay Brown (Julie Leventon)

27 Nisan, April 23, 2017

Ida Goldman (Alvin Goldman)

28 Nisan, April 24, 2017

Robert Goodstein (Rachel Koldewyn
and Donna Goodstein)

5 Iyar, May 1, 2017

Ralph B. Osnoss (Kenneth Osnoss)

12 Iyar, May 8, 2017

David Tabachnick (Rochelle Hutchings)

14 Iyar, May 10, 2017

Milton Small (Pam Lampell)

Milton Steinberg (F. Richard Steinberg)

THANKS! THANKS!

For the Rabbi's Discretionary Fund

☆ Vanessa and Peter Hirsch thanking Rabbi Altenburger for a wonderful Purim Party

For the General Fund

☆ Pat and Alvin Goldman in memory of Marcia Klebanow

☆ Susan Wong-Cohen, Zoe and Libby in memory of Marcia Klebanow

☆ Leonard H. Mark in memory of Marcia Klebanow

☆ Roslyn Friedman in memory of her mother Pearl Silverstein

☆ Paula and Philip Cook in memory of Marcia Klebanow

☆ Christine Gambino in memory of Marcia Klebanow

For Their Generous Kiddush

☆ Joyce and Martin Shenker

☆ David Maser in memory of his mother Helen C. Maser

☆ Vanessa and Peter Hirsch in memory of his parents Hilda and William

IN THE COMMUNITY



JEWISH FEDERATION ENDOWMENT SCHOLARSHIPS OFFERED

(SOUTHBURY) The Jewish Communities of Western CT, Inc's Endowment has announced that applications are currently being accepted for college scholarships. Awards are between \$500 and \$3,000. Endowment scholarships are made possible by The William Finkelstein College Scholarship Fund, The Alan and Janet Hertzmark Scholarship Fund, and The Shobhna Shukla and Matthew Ginsburg College Scholarship Fund and the Ruth Kravitz Fund for Higher Education.

Each scholarship has its own set of criteria (ie: financial need, grades, residency requirements and/or involvement within the Jewish community). To receive an application, visit our website at www.jfed.net. For further information, please call (203)267-3177, ext. 308 or flepore@jfed.net.

The application deadline is May 1st.



Spend the Evening with Dahlia Lithwick

Slate Magazine's expert on the Supreme Court

Thursday, April 6, 2017

7:30 PM Program

Walzer Family Jewish Community Campus

444 Main Street North, Southbury

Presenting Sponsor



R.S.V.P. by March 28, 203-267-3177 x340

PROGRAM COUVERT: \$15

EVENT CHAIRS: Rachel Albert & Jane Z. Mahler

DAHLIA LITHWICK is a senior editor at *Slate*, and in that capacity, writes the "*Supreme Court Dispatches*" and "*Jurisprudence*" columns. Her work has appeared in the *New York Times*, *Harper's*, *The New Yorker*, *The Washington Post*, and *Commentary*, among other places. She won a 2013 National Magazine Award for her columns on the Affordable Care Act. She has been twice awarded an Online Journalism Award for her legal commentary and was the first online journalist invited to be on the Reporters Committee for the Freedom of the Press. She received the 2017 Golden Pen Award from the Legal Writing Institute. Ms. Lithwick has testified before Congress about access to justice in the era of the Roberts Court. She has appeared on CNN, ABC, *The Colbert Report*, and is a frequent guest on *The Rachel Maddow Show*. Ms. Lithwick earned her BA from Yale University and her JD degree from Stanford University.



(SOUTHBURY) The Jewish Federation of Western CT, is hosting a speaker event with Dahlia Lithwick- *Slate* Magazine's expert on the Supreme Court. The event will take place on Thursday, April 6 at the Walzer Family Jewish Community Campus, in Southbury.

There are two options in which to attend this event: The program only begins at 7:30 and the cost is \$15 per person.

For a meet and greet with Dahlia, at 6:00 PM (prior to the program), which includes cocktails and Hors d'oeuvres, the cost is \$36 per person AND a minimum donation of \$1,000 to our Annual Campaign.

DAHLIA LITHWICK is a senior editor at *Slate*, and in that capacity, writes the "*Supreme Court Dispatches*" and "*Jurisprudence*" columns. Her work has appeared in the *New York Times*,

Harper's, The New Yorker, The Washington Post, and Commentary, among other places. She won a 2013 National Magazine Award for her columns on the Affordable Care Act. She has been twice awarded an Online Journalism Award for her legal commentary and was the first online journalist invited to be on the Reporters Committee for the Freedom of the Press. She received the 2017 Golden Pen Award from the Legal Writing Institute. Ms. Lithwick has testified before Congress about access to justice in the era of the Roberts Court. She has appeared on CNN, ABC, The Colbert Report, and is a frequent guest on The Rachel Maddow Show. Ms. Lithwick earned her BA from Yale University and her JD degree from Stanford University.

The presenting sponsor for this event is Carmody Torrance Sandak Hennessey LLP.

PAID RESERVATIONS are required. For a reservation please call [203-267-3177 x 340](tel:203-267-3177)

What's Happening at the JCC in Sherman

Upcoming Workshops Writing to Prompts for Memoir & Fiction

Class taught by Priscilla Whitley
5-Week Series: April 17th – May 15th
Mondays 6:30 PM - 8:30 PM
\$75 Members / \$90 Non-members
Limit 10

You want to tell a story? Possibly it's your own journey or maybe a family history? Or do you have a fictional story waiting to be told but don't know where to begin? For those writing memoir, participants will write in class to a series of prompts designed to trigger meaningful anecdotes. For fiction writers the in class writing prompts will explore theme, characters, conflict and resolution. There is much to be gained from creative prompts, which stimulate and strengthen the writing muscle. This is a fun, non-judgmental workshop for all levels of experience.

Please indicate whether you are interested in memoir or fiction when you sign up.

BEYOND BIRD FEEDERS: ATTRACT WILDLIFE TO YOUR GARDEN YEAR-ROUND

Class Taught By: Michele MacKinnon
Saturday, April 22nd 1:30PM - 3:00PM
\$15 Members / \$20 Non-members
Celebrate Earth Day and learn to attract feathered friends and other wildlife in your garden. Discover which plants are magnets for birds, bees and butterflies. Understand the special benefits of using native plants. Gain tips for careful fall garden cleanup that preserves natural food sources. Finally, learn which seeds are best to nourish and protect our local bird species during cold winter months. Participants receive a helpful resource sheet for plant shopping and further reading.

Pre-paid registration required by Wednesday, April 19th

Hadassah of Greater Newtown/Danbury cordially invites you to its Spring Fundraising Luncheon

FROM  TO 

Popular Music by Jewish Composers
Performed by the Karen Frisk Jazz Trio

Sunday, May 7, 2017 ~ 11:30 AM
Rock Ridge Country Club
214 Sugar Street, Route 302
Newtown, CT 06470
\$50 Couvert

Presentation by Susan Musicant Shikora, Annual Giving Team Liaison
Auction with wonderful prizes!

Members, Non-Members, Spouses, and Friends Welcome

RSVP by April 24, 2017

Name(s): _____

Number of guests attending: _____ Amount enclosed: \$ _____

I am unable to attend. Please accept my donation of \$ _____

Make checks payable to Hadassah of Greater Newtown/Danbury and mail to:
Hadassah of Greater Newtown/Danbury
c/o Beverly Parker
78 Arrowhead Road
Brookfield, CT 06804

DIG IN AND GROW AN ORGANIC VEGETABLE GARDEN

Class Taught By: Michele MacKinnon
Saturday Mornings: April 29th & May 6th - 10:00 AM - 12:00 PM- \$40 members / \$45 Non-Members.

Attend this popular class and enjoy fresh, delicious vegetables from your own garden this year. Prepare a vegetable garden in time for spring planting. Learn basic, proven methods for growing popular vegetables and discover which ineffective garden myths to avoid. Soil preparation, seed varieties, fertilizers, insect identification and organic pest controls will be covered. No experience required. All ages welcome; school-aged children are asked to attend with a parent. (Seed starting indoors will not be covered).

Pre-paid registration required by Wednesday, April 26th

Yoga Nidra: The Yoga of Sleep

6-Week Series: May 24th – June 28th
Wednesdays - 7:15 PM - 8:15 PM
\$75 Members / \$90 Non-members

Yoga Nidra, also called the yoga of sleep, is a deeply restful and restorative practice. Individuals lay down on yoga mats with pillows and blankets, and return to a peaceful state of mind through a guided relaxation meditation. Reiki energy healing will also be offered to each participant during the meditative rest. Yoga Nidra can help with insomnia, anxiety, and other physical and emotional challenges.

To Register for these workshops please visit us at jccinsherman.org
[860.355.8050](tel:860.355.8050) / info@jccinsherman.org

PLEASE SUPPORT OUR FRIENDS IN THE COMMUNITY

Below are business cards of members of the Greater Danbury Community who have been instrumental and generous to us in the renovation of our building. We ask you to help show our thanks by supporting them whenever possible.

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Carmine Iapaluccio

Carmine's
Plumbing • Heating
Duct Cleaning • Air Conditioning

CARMINE IAPALUCCIO (203) 791-8089
92 Sandpit Rd., Danbury, CT Fax (203) 791-8587
LIC# 302912

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COMPANY

RICK WOODS
OPERATIONS MANAGER

558 Federal Rd
Brookfield, CT. 06804
203-740-2152
Cell# 203-627-1353
Fax# 203-740-2441
rlwoods@winair.com
danburywinair.com