

# Kayruv



# קירוב

“Judaism for Today In a Warm and Caring Environment”

July/August 2021

Tammuz/Av/Elul 5781

## FROM THE RABBI



Dear Friends,

### School's out for summer!!

In honor of summer vacation I share with you a few short school stories that celebrate the humor of youth's innocent wisdom.

A Kindergarten teacher was observing her classroom of children while they were drawing. She would occasionally walk around to see

each child's work. As she got to one little girl who was working diligently, the teacher asked what the drawing was. The girl replied, "I am drawing G-d." The teacher paused and said, "But no one knows what G-d looks like." Without missing a beat or looking up from her drawing, the girl replied, "They will in a minute."

A little girl was talking to her teacher about whales. The teacher said it was physically impossible for a whale to swallow a human because, even though it was a very large mammal, its throat was very small. The little girl then stated that a whale swallowed Jonah. Irritated, the teacher reiterated that a whale could not swallow a human; it was physically impossible. The little girl said, "When I get to heaven I will ask Jonah." The teacher asked, "What if Jonah went below?" The little girl replied, "Then you ask him."

A Religious School teacher was discussing the Ten Commandments with her five-and six-year-olds. After explaining the commandment to "honor" thy father and mother, she asked, "Is there a commandment that teaches us how to treat our brothers and sisters?" Without missing a beat, one little boy who was the oldest child of his family answered, "Thou shall not kill."

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*Kayruv* means "Welcoming."



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The children were lined up in the cafeteria of a Jewish day school for lunch. At the head of the table was a large pile of apples. The rabbi made a note and posted it on the apple tray: "Take only ONE. G-d is watching." Moving further along the lunch line, at the other end of the table was a large pile of chocolate chip cookies. A child had written a note, "Take all you want. G-d is watching the apples."

May G-d watch over all your apples, and cookies and loved ones this summer!

A safe, and happy summer to all!  
Rabbi Rhonda Nebel

**\*\*Watch your email at the end of August for the High Holiday schedule.**

## **RABBI'S OFFICE HOURS**

Rabbi Nebel invites you to meet with her and will be available any day except Wednesday and Shabbat. Please contact her at [cbi193clap@gmail.com](mailto:cbi193clap@gmail.com)

### **A Note About CBI's Food Drive**



Although our food donation program cannot continue during this period. As soon as we are able to come together at the synagogue, we will resume this program.

## **FROM THE PRESIDENT**

A little background: I grew up in Williamsburg, Brooklyn. I went to high school in the Bronx where I met my husband, Barry. After graduating from SUNY-Downstate, I worked in a microbiology lab identifying bacteria and other microorganisms. LOVED that work!!!



In 1979, Barry's job with the Singer Company offered us an opportunity to move north and we landed in Bethel where we raised our two boys.

We came to CBI about 15 years ago.

Dear Friends:

We are entering uncharted territory. I just had to say that; I hear it on the news all the time. It's kind of exciting, thrilling, but scary at the same time. Sort of like riding a roller coaster in Coney Island.

Anyway, The C-word, which plagued us all of last year, still hovers about in old and new forms. So we remain vigilant. As you've heard, The House Committee and the Ritual Committee are committed to welcoming us back **into a building that will be safe and clean.** All this, hopefully, in time for the High Holy Days, if not sooner. New air conditioning units to make us more comfortable and air scrubbers to make us safer will soon be installed.

Although many people relish the thought of returning to the building, we have to consider the needs of folks who can't come back **for now** and are more comfortable attending services from home. How we manage that transition, still remains to be seen, but have "faith", it **will** happen. The greatest gift of Zooming was that a lot of people were able to participate from the comfort of their homes. I have always been impressed by the breadth of

talent in our tiny community; and it didn't matter if you were in Connecticut, Chicago or Florida, you could still be engaged in a very meaningful way. Who knew?!

Moving forward, please know that we are working very hard behind the scenes to keep us all safe and happy. While we iron out the kinks, I ask that you please be patient with us. You just never know what challenges lie ahead.

As president, I would like to set just a few goals for this year.

**Goal #1) Increasing our membership is crucial to our very existence.** For the last several years, this remains challenge number one. Our Membership Committee remains committed to searching out new members, but they cannot do this alone. I hope that by investing in our internet presence, we stand a better chance of attracting new members. Over the past year, and with very little experience, the Website Committee has worked really hard learning the ins and outs of maintaining our website and social media pages at no cost to the synagogue. Kudos to them. They deserve a prize. But now we need to do more to bring us up to date. A financial boost may be just what makes us better known in the Greater Danbury area, bringing in more families and with that the pitter-patter of young feet. And isn't that what it's all about?

#### **Goal #2) Membership**

Have you been talking to your friends and neighbors? Did you know "word of mouth" is not only the best compliment but also the best advertisement. Let your friends know about that little shul in Danbury where that cliché "warm and welcoming" really does exist.

#### **Goal #3) Can you guess, what it is? Membership.**

Tell your friends about your Zoom Shabbat service, the engagement, the participation. Have you noticed the Rabbi's warm, fuzzy touch coming right through the screen. Creepy isn't it? No, I mean in a good way.

Please invite your friends to a Schmooze and Booze. Everybody is welcome. My plan is to continue what Glen started. Schmoozes in the backyard, game nights, and talent shows are a great way to get to know our fellow members; and in the end, a friend of yours can very well become a friend to all of us and a member at CBI.

There will be a couple of "fun"raisers. After all, we have an aging building to maintain...but, more on that to follow.

PLEASE KNOW...My "door" is always open. Any ideas, please throw them my way, just not at 3 o'clock in the morning. OK?

In closing I want to thank my predecessor, Glen, for his strong and forward-thinking leadership, two years of creative, pun-slinging silliness. He is a man with a heart of gold, generous of heart and spirit. Love you, Glen.

And to our Board, our Vice President, Julie Leventon, Executive Committee, and Trustees. Thank you all for your support, your willingness to serve, and your dedication to our little shul.

I hope everyone had a happy and safe 4<sup>th</sup> of July. God bless America and God bless CBI.

Thank you.  
Iz Kaplan

## GOLDMANS HONORED BY FAMILIES NETWORK

Families Network of Western CT, a Danbury based organization dedicated to preventing child abuse through parent education, support and child abuse sensitization, honored the late Dr. Alvin Goldman by establishing the Alvin Goldman service award to be presented yearly to an individual who has provided outstanding service in improving the lives of children in the Greater Danbury Area. The first recipient of this award was none other than long time CBI member, Pat Goldman, Alvin's wife of 63 years.

As stated in the Families Network luncheon program the Goldmans' ".....love of children, devotion to Jewish Education and their genuine desire to make a positive difference in the lives of children of all faiths was a commitment that they shared." Dr. Goldman, a pediatrician, supported the work of Families Network for the 23 years of its existence serving as consulting pediatrician, mentor, advisory board liaison and board member. Pat was a staunch advocate for children during her long and successful career as a group counselor with the Danbury Public School Birth to Three program and the Danbury Regional Commission on Childcare, Rights and Abuse.

The luncheon, a joyous outdoor celebration of the work of Families Network was well attended by people from the Danbury area community including many CBI members. We are proud of Pat and Alvin not only for what they have done for CBI but for all they have contributed to the community at large.



## HAVE A NOSH

If you're like me, you like to have Challah on Friday night. But what happens if you don't have a crowd to help you finish it off? Make Croutons! Here are two recipes (that I modified slightly) from Jamie Gellar, an Israeli-American food writer, who will help you use up that Challah and enjoy it in a spinach salad.

### SPINACH SALAD WITH POMEGRANATE DRESSING

#### For Salad

6 cups baby spinach leaves, whole or thinly sliced  
2 cups carrot ribbons  
1 cup cucumber ribbons  
1 cup thinly sliced red cabbage  
Honey Whole Wheat Croutons (see recipe below)  
½ cup pomegranate seeds

#### For Dressing

1 Shallot, minced  
2 tablespoons pomegranate juice  
1 tablespoon Dijon mustard  
2 tablespoons red wine vinegar  
1 teaspoon kosher salt  
½ teaspoon freshly ground black pepper  
½ cup extra-virgin olive oil, or your preferred oil

#### Preparation

In a salad bowl, toss the salad ingredients. In a small bowl, whisk shallots with the pomegranate juice, mustard, vinegar, salt and pepper. Whisk in the oil in a steady stream. Drizzle dressing over spinach salad to taste, and gently toss to coat.

### CHALLAH CROUTONS

The original recipe calls for Whole Wheat Challah. You can make this with regular Challah.

#### Ingredients

2 cubes Gefen frozen fresh crushed garlic or 2 minced garlic cloves  
2 tablespoons olive oil  
2 generous tablespoons honey  
4 cups whole wheat challah, cut into 1-inch cubes

#### Preparation

Preheat oven to 425 F. Line a baking sheet with parchment paper. In a large mixing bowl, whisk together the garlic, oil, and honey. Add bread cubes and toss to coat. Spread on prepared baking sheet in a single layer with enough space so the bread will crisp. Bake at 425 F for 3-5 minutes, or golden and crisp. Once completely cooled, store any extra croutons in a tightly sealed container for at least 2 weeks.



## SCHEDULE OF SHABBAT SERVICES

☆ **Shabbat, 1 Av, July 10<sup>th</sup>, Mattot-Mas'ei:** The final portions of Bamidbar, the route of our wandering is recounted. *Haftarah:* Jeremiah 2:4-28; 3:4

☆ **Shabbat, 8 Av, July 17<sup>th</sup>, Erev Tisha B'Av Devarim:** Ready to enter the land of Milk and Honey, Moshe addresses the Israelites and reviews their history with them as warning.

*Haftarah:* Isaiah 1:1-27

☆ **Shabbat, 15 Av, July 24<sup>th</sup>, Va'et'hanan:** Still addressing the Israelites, Moshe regrets that he will not be entering the land with them. In this *parsha* Moshe repeats the Ten Commandments, as well as addressing us with the words of the *Sh'ma*.

*Haftarah:* Isa: 40:1-26

☆ **Shabbat, 22 Av, July 31<sup>st</sup>, Ekev:** Moshe enjoins the Israelites to remember that their future depends on their actions. *Haftarah:* Isa. 49:14-51:3

☆ **Shabbat, 29 Av, August 7<sup>th</sup>, Re'eh:** Moshe teaches us the economics of *tzedakah* (charity and welfare) which are the responsibilities of the people of Israel as they create a society in their own land.

*Haftarah:* Isa. 54:11-55:5

☆ **Shabbat, 6 Elul, August 14<sup>th</sup>, Shoftim:** Moshe instructs us to set up just courts to rule our society. "Justice justice shall you pursue."

*Haftarah:* Isa. 51:12-52:12

☆ **Shabbat, 13 Elul, August 21<sup>st</sup>, Ki Tetze:** An array of civil and domestic laws for the Israelites to follow upon coming into their land.

*Haftarah:* Isa. 54:1-10

☆ **Shabbat, 20 Elul, August 28<sup>th</sup>, Ki Tavo:** Come and discuss blessings and curses in Jewish thought. *Haftarah:* Isa. 60:1-22

☆ **Shabbat, 27 Elul, September 4<sup>th</sup>, Nitzavim:** Choose life! How do we do that?

*Haftarah:* Isa. 61:10-63:9; Isa. 61:10-63:9

☆ **Shabbat, 5 Tishrei, September 11<sup>th</sup>, Vayelekh:** Moshe prepares himself and the people for his death. *Haftarah:* Hosea 14:2-10, Micah 7:18-20

## CANDLE LIGHTING

June 18, 2021	8:13 PM
June 25, 2021	8:14 PM
July 2, 2021	8:14 PM
July 9, 2021	8:12 PM
July 16, 2021	8:08 PM
July 23, 2021	8:03 PM
July 30, 2021	7:57 PM
August 6, 2021	7:49 PM
August 13, 2021	7:40 PM
August 20, 2021	7:30 PM
August 27, 2021	7:20 PM
September 3, 2021	7:09 PM
September 6, 2021	
<i>Erev Rosh Hashanah</i>	6:59 PM
September 7, 2021	8:06 PM
<i>Rosh Hashanah Day 1</i>	
September 8, 2021	8:05 PM
<i>Rosh Hashanah Day 2</i>	

## YAHRZEITS

### 8 Av, July 17, 2021

Bernard Breeman (Barbie Steinberg)

### 9 Av, July 18, 2021

Nathan Weiner (Marlene Gittlitz)

### 21 Av, July 30, 2021

Alfred P. Poll (Susan Osnoss)

### 22 Av, July 31, 2021

Minna Fuchs (Richard Fuchs)

### 23 Av, August 1, 2021

Aryeh Leib Kerstein (Michael Kerstein)

### 26 Av, August 4, 2021

Julius Gittlitz (Harry Gittlitz)

### 28 Av, August 6, 2021

Harry Robinson (Barbara Levitt)

Dr. Ralph Alpher (Harriet Lebetkin)

### 30 Av, August 8, 2021

Aron Paul Tritter (Henry Tritter)

### 1 Tishrei, September 7, 2021

Howard Sanford (Lois Stein)

### 10 Tishrei, September 16, 2021

Carole Stein (Michael Stein)

## THANKS! THANKS!

☆ George Ohring in appreciation of the hard work and accomplishments of Glen Lebetkin as President of Congregation B'nai Israel.